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Danville, VA
Permit No. 20

5th Annual BRIDGE to BRIDGE 5 & 10K



10-K Run
5-K Run/Walk
&
1-Mile Fun Run

*On Danville's Scenic
River Walk Trail
and River City District*

Sat. April 12, 2014

9:00 a.m. – 1-Mile Fun Run

9:30 a.m. – 5-K Run/Walk

9:30 a.m. – 10-K Run

Rain or Shine



Proceeds will be used to
support the efforts of the
Danville Cancer Association

Our Sponsors

Corporate Sponsor



Danville Regional
MEDICAL CENTER
DukeMedicine QUALITY AFFILIATE

Sponsors

Danville Parks, Recreation & Tourism
Danville Running & Fitness Club

About Danville Cancer Assn.

Danville Cancer Assn. is a local, United Way organization that provides patient aid to cancer patients in our community. DCA also offers educational programs, literature, and sponsors a monthly support group.



Services provided in 2013

Service	# Units	Cost
Prescriptions	3100	\$ 51,325.00
Travel checks, written	617	\$ 56,125.00
Supplies / Equipment	50	\$ 5,900.00
Medical / Diagnostic	25	\$ 10,350.00
Wigs provided	20	\$ 2,575.00
Total Services:	3,812	\$ 126,275.00

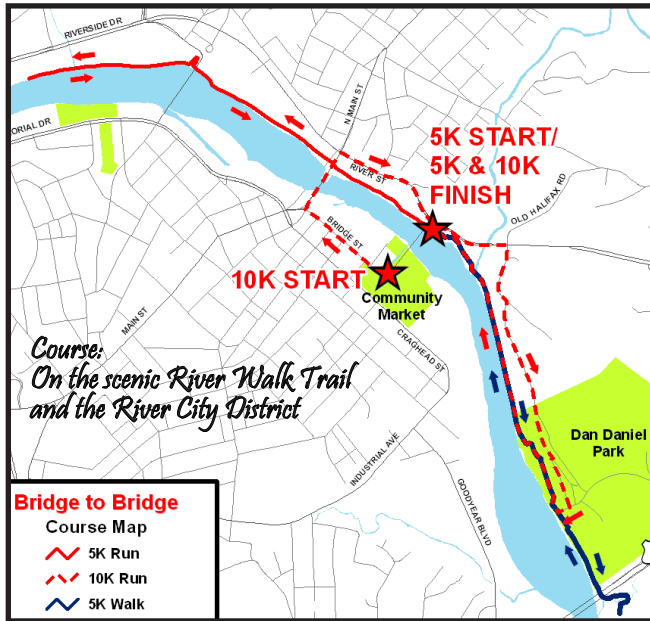
Number of Clients Served in 2013 350

For more information about DCA, call or write:
Danville Cancer Assn.
223 Riverview Drive; Suite J
Danville, VA 24541; Phone: (434) 791-3227
E-mail: hope@danvillecancer.com

DONATIONS: All donations or sponsorships are tax deductible as allowed by IRS regulations and you will receive a tax receipt letter from the DCA for your

Danville Cancer Association
223 Riverview Drive, Suite J
Danville, VA 24541

Course Map



Directions:

From Durham/Raleigh, NC - follow 86N to second stop light inside city limits, turn right, Industrial Ave. becomes Craghead St., continue on to Southern Railway Depot.

From Greensboro, NC - follow Business 29N to Memorial Dr., which becomes Craghead St.; follow to Southern Railway Depot.

From Richmond/South Boston, VA - follow 58W into Danville. Turn left at stop light at Main St. Bridge; at next stoplight take left at Lou's Antique Mall, continue on Craghead to Southern Railway Depot.

From Martinsville, VA - follow 58E (Riverside Dr.) to 29S-86S Exit ramp (next right after Danville Plaza Shopping Center), take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

From Lynchburg, VA - follow 29S into Danville, continue on Piney Forest Road for 6 miles; take Business District Exit to Memorial Dr.; cross Main St., continue straight on Craghead St. to Southern Railway Depot.

Information

REGISTRATION PROCEDURES: Entry fee is \$25.00 (\$30.00 on race day) (no refunds). Your cancelled check is your receipt. There will be race day registration and packet pick-up from 7:30 a.m. - 8:30 a.m. at the Community Market. This registration form may be machine copied. We reserve the right to reject any entry.

1-MILE FUN RUN REGISTRATION: \$12.00 (\$17.00 on race day) (for Children 10 and under only)

ON-LINE REGISTRATION: (closes Sat. April 5, 2014)
<http://www.danvillerunner.org/>

RESULTS: Results will be online at danvillerunner.org after Wednesday, April 16, 2014.

WALKERS: Please **NOTE:** Walkers should plan to **WALK ONLY.** If you wish to combine walking and jogging, then you should register for the 5-K RUN. If you register for the 5-K WALK, you should not run at all or you may be disqualified and not be eligible for a trophy.

RACE PACKETS: T-shirts to first 250 registrants (registered prior to March 1, 2014).

PACKET PICK-UP: Late registration and early packet pickup will be available Friday April 11, from 5:00 pm to 7:00 pm at Danville Y.M.C.A.

LIQUIDS: At start/finish and turn-arounds.

PETS: For their safety and ours, we ask that you refrain from bringing your animals onto the race course.

AWARDS:

TEAMS - First overall finish, male or female. All teams will have a minimum of 4 participants. Team awards will be offered for 5-K Walk; 5-K Run, and 10-K.

5-K RUN - First 3 male and female overall, to first three in each age group & to first male & female Master. **AGE GROUPS:** 0-14, every 5 years up to 69, 70 and over.

5-K WALK - First 3 male & female overall. **AGE GROUPS** (male & female, first 3 in each age group) 0-19, every 10 years up to 69, 70 and over.

10-K RUN - First male & female overall. **AGE GROUPS** (male & female, first 3 in each age group) 0-19; every 10 years up to 69, 70 & over.

1-MILE FUN RUN - First 3 overall male & female finishers and ribbons to all participants.

MORE RACE INFORMATION: Call (434) 793-3409 or (434) 203-0275.

Official Entry Form

Bridge-to-Bridge 5-K & 10-K

Sat. April 12, 2014 - Rain or Shine
 (Please fill out completely. Print clearly)

Last Name _____ First Name _____ M.I. _____

Street Address _____

City _____

State _____ ZIP _____

E-Mail address _____

Phone (please include area code) _____ Age (as of 4-12-2014) _____

Sex M F; _____
 Place of Employment _____

Event: 5-K Run 5-K Walk 10-K Run Fun Run
 Team Name: _____

Shirt Size: S M L XL
 Are you a cancer survivor? (Optional)

5-K & 10-K: \$25.00 (\$30 on race day)

Fun Run: \$12.00 (\$17 on race day)

Note: Entry fee is NOT tax deductible.

Make checks payable to

Danville Running & Fitness Club

Mail check & entry form to Danville Cancer Assn;

223 Riverview Drive; Suite J; Danville, VA 24541

For more information, call: (434) 791-3227

WAIVER: (Must be signed)

In acceptance of this entry, I waive and release the sponsors, organizers and representatives of the Bridge to Bridge event from any and all claims resulting in illness or injury suffered by me as a result of this event. I also release the use of my name or any record of my participation in this event for promotional or publicity purposes without obligation to me.

Signature _____

Date _____

Parent signature (if under 18 years old) _____